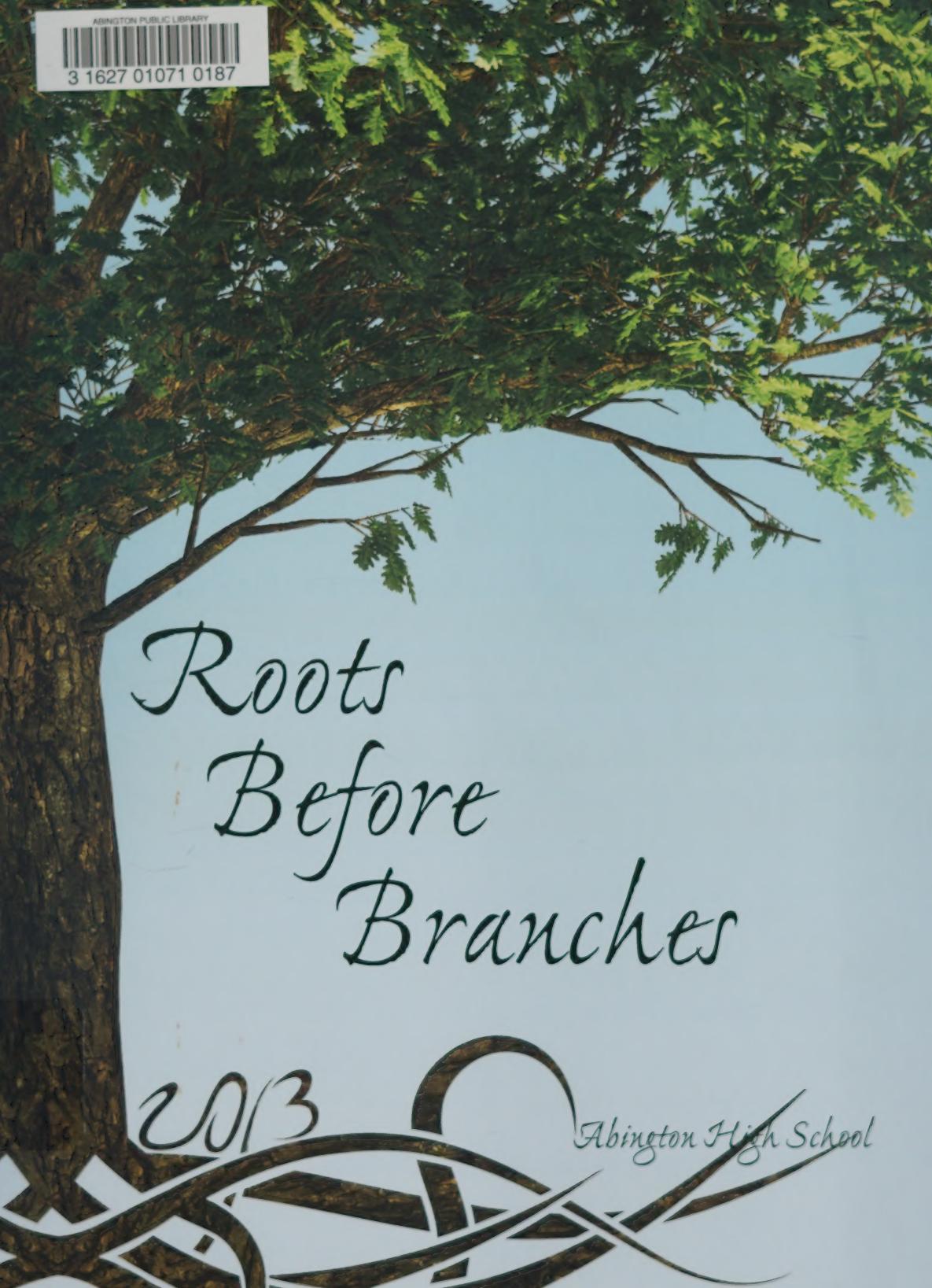


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Roots Before Branches

2013

Abington High School



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Abington High School



Page 2- Yearbook Dedication

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We dedicate this book to...

The Yearbook Committee would like to dedicate this yearbook to Kendra Keenan and Gus Lutterbach.

During our sophomore year, with the school system facing devastating and unprecedented budget cuts, Gus and Kendra made a donation to our school that altered the path of our education. A technology donation of well over \$100,000.00 to the High School resulted in the purchase of projectors, Eno Boards, document readers, televisions, and many other items. Kendra's love of the Arts, and her fondness for her former teacher Mr. John Mahoney, inspired a large portion of the donation to be used updating the Art department. The department received video cameras, projectors, and AdobeCS 5, as well as several other items.

The presence of these tools in our school aided in our development of twenty-first century skills, and allowed for teachers to create some very creative and interactive lesson plans.

Thank you Kendra and Gus for your incredible generosity! You have impacted not only the Class of 2013, but also the educations of all future AHS students!



As we close this chapter of our lives, we hope you look back and smile on all the memories you have made here at Abington High School. Some of us have roots that travel deep into Abington, while some may have just started. No matter where we plan on going and where life really ends up taking us, we will

always have one thing in common; Abington is part of our story. It's where some of us had our first kiss, our first home run, our first heart break, and our first friendships. It's where we learned how to tie our shoes, and how to tie a tie while getting ready for Junior Prom. United we stood as a school and as a community in times of sorrow and joy. Super fans cheered on the boys all the way to a super bowl victory, painting their chests and shouting out their names, even in the snow. But we also offered shoulders to cry on, and ears to listen in times of tremendous heartbreak. As you read the pages of this yearbook we hope you feel the same bittersweet emotions as we had while working on it. We hope you can look back on some memories and smile, but also learn from others. A new chapter in our lives is about to begin. Make the best of it.

We would like to thank the yearbook staff for dedicating many hours, and many Friday afternoons, to put this whole book together. We would like to thank Mrs. Kinsman for all the time she put into the yearbook, without her help we would not have a yearbook. In closing, we would like to thank the teachers and students of Abington for making us who we are today.

As we are about to branch out in many different directions, we wish you all the best of luck, and we hope our paths cross again someday.

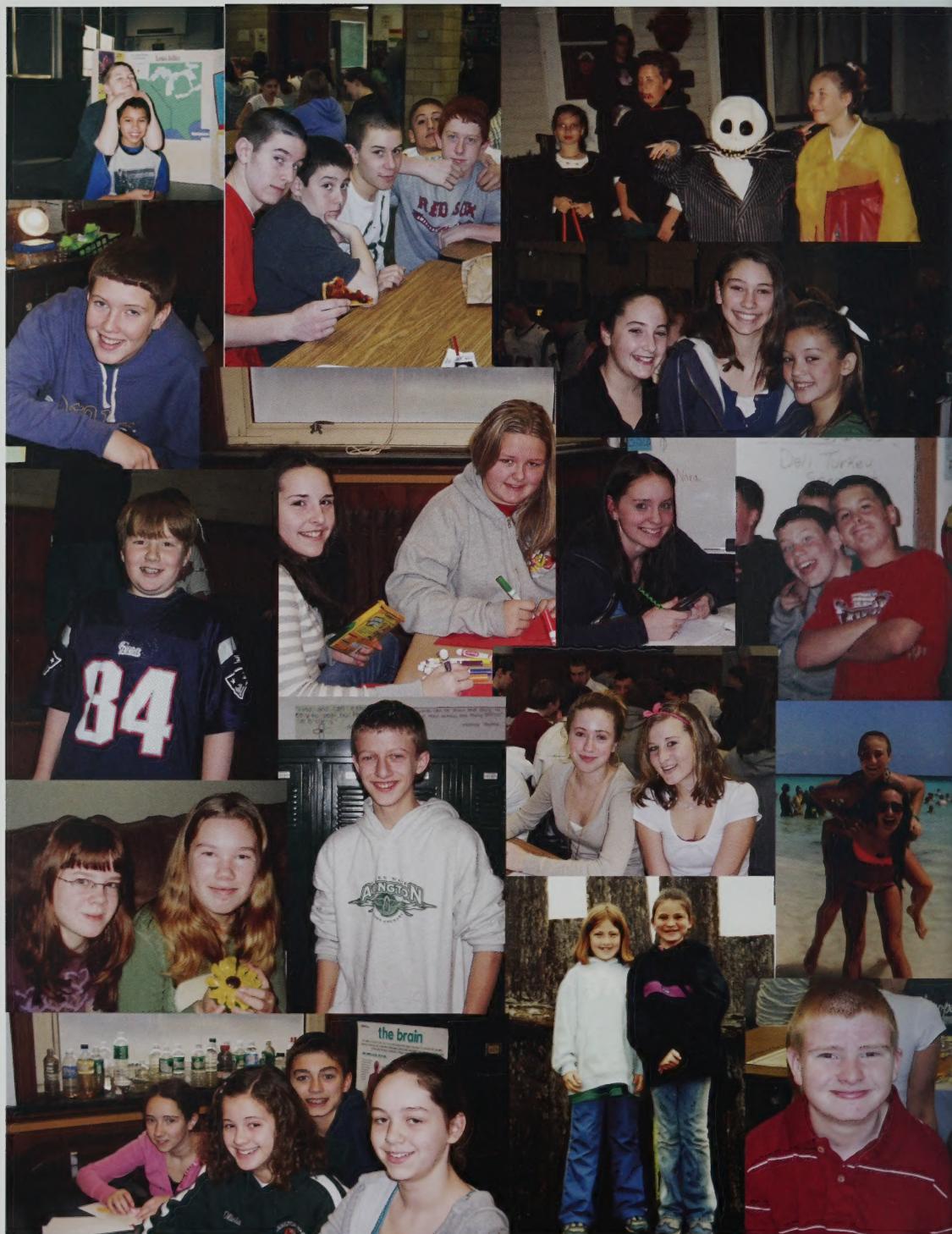
With Love,
Paige Young and Alex Draper



A Message from the Editors . . .















Woodsdale
Monster Mash
October 27, 200









Remember When . . .

We had freshman orientation

The kids at Woodsdale tried to tip over the jungle gym

We saw Abington football go undefeated and win the super bowl our senior year!!!

Chris Herran came to the high school

Mr. Hill made everyone say "Wilson" when passing in papers

The alphabet people were in the cafeteria at the ECC

Mr. Shannon did a rain dance in class

Rebecca Nealon gracefully exited the prom party bus

All the boys in 7C jumped out the bathroom window and had to sneak back into the Middle School

Steph Cornish said she would add Teddy Roosevelt as the fifth person on Mt. Rushmore

Mark Gambon swallowed a quarter

The girls softball team made it all the way to the state finals our Junior year

Dan Gately passed out in health class sophomore year

We went to Natures Classroom in elementary school

Remember When . . .

We hid on Mrs. Powers when she was subbing for our Chemistry class

The girls soccer team made it to the semi-finals

The Abington high school milk became "famous"

The Improvables sold out every show they had

Ryan Kovalski wore a dress for public speaking

Vikki Howe paid Sara Liborio \$22 to ask Mr. Crain to go to the café

In eighth grade when no one in 8V talked to Mr. Hill for the whole class

The super-fans made the front page of the newspaper

We had a going away party for Mr. Dyer in eighth grade

Recess was taken away

Nora beat all the boys at recess at Center School

Jack Cashman and Sam Rangel dated in 8th grade

Alex Draper had constant hiccups

Phil Nguyen had battles at Middle School dances



Seniors
Class of 2013



Sara Abondra

"If you can imagine it, you can achieve it; if you can dream it, you can become it." - Ward

These four years have been a roller coaster filled with good and bad times, but it was all worth it in the end. Thank you mom for helping me through high school, love you!



Raquel Amaral

"Life is a big canvas, and you should throw all the paint on it you can." - Danny Kaye

Good Luck to the Class of 2013!



T.J. Antonetti

"Every man dies. Not every man really lives" - W. Wallace

Hockey 9-12 Captain, Baseball 9-12, Morning announcements, Prom Court, Homecoming Court



Tom Arcand

"Are you going to finish that?"
-Tom Arcand

Football 9-12, Basketball 9, Track & Field 11-12



Emily Atkinson

"You only live once, but if you do it right, once is enough" - Mae West

Cross Country 9-11 Captain 12, Track & Field 9-10 Captain 11-12, Basketball 9



Anthony Bartlett

"I'll always remember the great people I've met at my time here, good luck out there." -Anthony Bartlett

My only achievements are being able to speak my mind and realize that what people think doesn't matter



Nicholas Beckman

"I will always try my hardest, and work harder to achieve my goals!"
Nick Beckman

Thanks to my grandmother and grandfather for always supporting me. Thanks Mom!



Ashleigh Bell

"Take what you can from your dreams, make them as real as anything" - Dave Matthews Band

Tennis 9-12 Captain 11-12, Math Team 11-12, Basketball 9, Peer Leaders 11-12, Student Council 9-11, Yearbook 12, National Honor Society 12



Michaela Bell

"Learn from yesterday, live for today, and hope for tomorrow"
Albert Einstein

Soccer 9-11, Softball 9-12, Yearbook 12, Peer Leaders 11-12, Math Team 11-12, National Honor Society 12



Julie Billotte

"A journey of a thousand miles begins with a single step" - Lao-tzu

Good luck to the senior class of 2013!



Joe Brady

"Collective efforts are far more successful than individual talent" - Unknown

Football 10-12, SSL Champs 2012
12-0, Basketball 10-11.
Thanks Mom and Dad!



Regina Broomstein

"I myself am made entirely of flaws stitched together with good intentions" - A. Burroughs

Track 9, Yearbook 12.
Thanks Moin and Dad!



Joe Buckley

"Pain is temporary, pride is forever." - Lance Armstrong

Football 9-12, Basketball 9-12



Mason Burt

"Tomorrow hopes we have learned something from yesterday" - John Wayne

Best of luck to the class of 2013



Katelyn Capone

"Don't take life too seriously. You will never get out of it alive" - E. Hubbard

Tennis 9-12 Captain 11-12, Soccer 9-11, National Honor Society 11-12, Math Team 11-12, Peer Leaders 11-12



Kristen Carchia

"Shoot for the moon, even if you miss you'll land among the stars" - Les Brown

We finally made it, Best wishes!



Eddie Cardinal

"Great moments are born from great opportunities." - Herb Brooks

Hockey 9-12 Captain 11-12, Lacrosse 9-12 Captain 11-12



Nicole Carpenter

"Old enough to know better, too young to care" - Wade Hayes

Basketball 9, Lacrosse 10-11



Rachel Carroll

"The greatest rewards come from doing the things that scare you the most." - One Tree Hill

Soccer 10, Improv 12, Yearbook 12, Drama 12



Rachel Casey

"Live as if you were to die tomorrow. Learn as if you were to live forever." - Mahatma Gandhi

Track & Field 9-12, Soccer 9-12, Basketball 9, Prom Committee 11



John Cashman

"Life is what happens to you while you're busy making other plans." - John Lennon

Cross Country 9-12 Captain, Hockey 9-12



Brandon Cawley

"Don't let what you cannot do interfere with what you can do." - John Wooden

Football 9-12, Captain 12, Basketball 9-12, Captain 11-12, Baseball 9-12



Domenico Cerasani

"Keep calm and live on." -Dom

Coomb's Foundation 9-12, Booster's Fundraiser 9-12, Varsity Hockey 10-12, Varsity Soccer 10-12



Nicole Chiavaroli

"The key to failure is trying to please everyone." - Ed Sheeran

Yearbook 12



Marissa Coc

*"I'd rather be hated for who I am
than loved for who I am not." -
Kurt Cobain*

Newspaper 10, ABC Club 10,
acrosse 10, Drama 12



R. Elizabeth Coon

*"Love all, trust a few" - W.
Shakespeare*

Drama 11-12, Chorus, Good luck
to us all man!



Gregory Corbett

*"Everyone see's what you appear to
be but few experience what you
really are" - Machiavelli*

Student Council 9-10, School
Council 11-12, RYLA 11, Pit Band
9-12, Community Band 9-12,
Track Manager 11-12, NHS 11-12
Presidential Election Committee
12, ABC Club 11, Yearbook 12,
Camp Thayer Staff 9-12



Stephanie Cornish

*"Everybody dies but not everybody
lives" - Drake*

Soccer 9-12, Basketball 9-12,
Softball 9-10, Captain 11-12, Class
Secretary 10-12, YouLead 9-12



Olivia Curtin

*"If your ship doesn't come in, swim
out to meet it" - Jonathan Winters*

Soccer 9-12, Basketball 9, Softball
9-10, Lacrosse 11-12, Yearbook 12



Ana Karolina da Silva

*"Shoot for the moon, even if you
miss, you'll land among the stars."
- Les Brown*

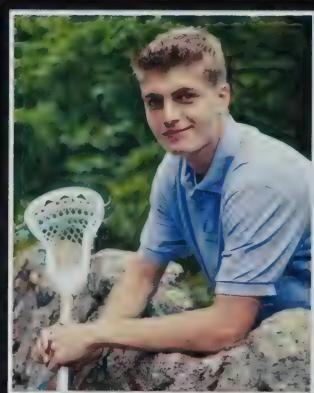
Good luck Class of 2013!



Tim DeGrave

*"The past is a pebble in my shoe" -
Edgar Allan Poe*

Golf 9-12 Captain 11-12, Hockey
9-12, Lacrosse 9



Robert Derbes

"Hockey" - Bobby Derbes

Lacrosse 9-12



Stephanie DeSonza

*"Only a life lived for others is a life
worthwhile." - Einstein*

Best wishes to the class of 2013!



Matthew Diver

*"Perfect is not attainable, but if we
chase perfection we can catch
excellence" - Vinny Lombardi*

Football 9-12, Basketball 9-12,
Ultimate Frisbee 9-12



Conor Donovan

*"Knowing others is wisdom,
knowing yourself is Enlightenment"
- Lao Tzu*

Track & Field 9-10, 12, Cross
Country 12, Drama 9-12,
Yearbook 12, Newspaper 9,
Football 11, Golf 9-10



Alexandra Draper

*"Go confidently in the direction of
your dreams. Live the life you have
imagined." - Thoreau*

Soccer 9-11 Track & Field 10, 12
Yearbook 12 Math Team 12
Green 10-11 Student Art
Magazine 12



Jamie Dunn

"What seems to us as bitter trials are often blessings in disguise." - Oscar Wilde

Greenwave Gazette 10-12 Editor, Student Council 11-12 Secretary, National Honor Society 11-12, Vice President, Student Rep to the School Committee 11-12



Patrick J. Dwyer

"It's gonna be a Subaru summer" - Subaru car

Football 9-12 Captain 11-12, Baseball 9-12, Basketball 9, Class President 9-10, YouLead 9-11, Drama 12



Carly English

"All our dreams can come true, if we have the courage to pursue them." - Walt Disney

Basketball 9,11-12, Drama 12, Track & Field 11-12, Soccer Manager 11-12, National Honor Society 11-12, YouLead 12, Class Treasurer 9-12



Ashlee Ezzell

"I live to love and laugh a lot" - Kenny Chesney

Cheerleading 9,10,12. Good luck class of 2013!



Emily Fegan

"I'm an idealist. I don't know where I am going, but I'm on my way." - Carl Sandburg

Yearbook 12, Drama 9, Anti-Bullying Club 10-11, Marble Collection 9-11, Student Art Magazine 12. Thanks to my awesome friends for always being there for me!



Adam Faxon

"The best thing about the future is that it comes one day at a time." - Abraham Lincoln

Greenwave Cafe



Timothy Ferguson

"Don't quit. Suffer now and live the rest of your life as a champion."
- Muhammad Ali

Football 9-12 Captain, Lacrosse 9-12 Captain, Thanks Mom and Dad



Molly Foley

"Keep in mind that neither success nor failure is ever final!" - Roger Babson

Basketball 9-10, Track & Field 11-12



Babila Forche Fonkem

"Effort will get you where you want to be." - Ray Lewis

Football 10-12, Track & Field 9-11



Mark Gammon

"Everybody love everybody." - Jackie Moon

Soccer 9-12, Ultimate Frisbee 9-12, National Honor Society 12



Dan Gately

"The bigger the fail, the better the story." - Dan Gately

Soccer 9-12 Captain 12, Baseball 9-12, You Lead 11-12



Alyah Ruth Gillens

"Live as if you were to die tomorrow. Learn as if you were to live forever." - M. Gandhi

Track & Field 9-12, Cross Country 9, Soccer 10, Peer Leaders 10 & 12, ABC Club 11, Acting/Modeling 10-12. Good luck Class of 2013!



Mackenzie Gillis

"All that I'm after is a life full of laughter." -Daughtry

Soccer 9-12 Captain 12 All Star 12, Basketball 9-12, Softball 9-12 Captain 12 All Star 10, National Honor Society 11-12 Treasurer 12, You Lead 9-12, ABC Club 11 Vice President 11, Prom Queen



Daniel C. Golbranson

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit." - Aristotle

Baseball 9 & 12, Basketball 9-10, Football 11-12, Track & Field 11



Haley Gomes

"In three words I can sum up everything I've learned about life: it goes on." -Robert Frost

Soccer 9-12, Basketball 9-11, Softball 9-12, Dance Crew 12, Drama 12



Elizabeth Gould

"I myself am made entirely of flaws stitched together with good intentions." -A. Burroughs

Varsity Lacrosse 9-12, Improv 11-12, Colorguard 10-12, Winterguard 10-12, Newspaper 9



Bobby Griffin

"Honor all people. Love the brotherhood. Fear God. Honor the king." -1 Peter, 2:17

Hockey 9-12, Marching Band 8-10, Drama 9-10 Stage Manager 11-12, Ultimate Frisbee 10-12, Golf 12



Ashley Gray

"The greatest pleasure in life is doing what people say you cannot do." -W. Bagehot

Soccer 9-12, Basketball 9-10, Lacrosse 9-10, Tennis 11-12, Drama 11-12, Green Team 10-12, National Honor Society 11-12, Peer Leaders 12, Yearbook Committee 12



Darren Guttafon

"Go to Heaven for the climate, Hell for the company." -Mark Twain

Lacrosse 9-10



Amy Hackett

"I live to love and laugh a lot and that's all I need." -Kenny Chesney

Soccer 9-12, Basketball 9-12,
Track & Field 9-12 Captain 11-12,
National Honor Society 11-12,
You Lead 11-12, ABC Club 11



Alexander Hagerty

"I need a hero! Holding out for a hero to the end of the night." -Bonnie Tyler

"Hags"
Class Vice President 6, Class
Secretary 9, Student Council 9-10,
Cross Country 9-12, Drama 9-12,
School Council Representative 10-
12, Prom Court



Melina Halloran

"Life isn't about waiting for the storm to pass; it's about leaning to dance in the rain." -Unknown

National Honor Society 11-12,
Student Art Magazine Editor 11-
12



Danielle Hamilton

"The way I see it, you should live everyday like it's your birthday." -Paris Hilton

Soccer 9, Golf 10-12, Basketball 9-
12, Softball 9-12



Amanda Hawkenworth

"Sometimes you will never know the true value of a moment until it becomes a memory." -Dr. Suess

Track & Field 9, Basketball 9-12
Captain, You Lead 10-12



Brittany Haworth

"Keep your eyes on the stars and your feet on the ground." - T. Roosevelt

Good luck Class of 2013. Thanks
Nana and Grumpy.



Amanda Marie Hayes

"Keep your feet on the ground while your head is in the clouds." - Paramore

Drama 9-10 &12, Newspaper 10-12 Editor 11-12, Green Team 11, National Honor Society 11-12 Secretary. Thanks to my family and friends for everything!



Victoria Howe

"There's 2 sides to every person, what we reveal to the world & what we keep hidden inside." - Revenge

Varsity Lacrosse 9-12, Yearbook 12. Spending as much time as possible making priceless memories with my family and friends



Anthony Jackson

"Good luck and God bless Class of 2013!" - Thomas Jackson

Class of 2013 rules.



Thomas Jackson

"Good luck and God bless Class of 2013!" - Thomas Jackson

Soccer 10-12, Frisbee 10-12. Class of 2013 rules.



Alyssa Johnson

"People change and things go wrong. Just remember, life goes on." - Unknown

Cheerleading 9



Jake Johnson



Matthew Johnston



Cody Jones

"The bad news, time flies. The good news, you're the pilot." - Michael Althsaler

Living 9-12

"Keep your hopes up high and your head down low" ADTR

Good Luck Class of 2013!

"Winning" - Charlie Sheen

Our Senior class is better than yours. Thank you Mom and Dad for supporting me.



Melissa Joseph

"In the play of life, all your greatest scenes lie ahead of you" -Mr. Feeny

Drama 9-12, Student Council Vice President 11-12, Peer Leaders President 11-12, National Honor Society President 11-12, Softball 9-10, Tennis 11-12, Green Team Vice President 11, GSA 11-12, Math Team Captain 11-12, Newspaper 10



April Keegan

"It's ok not to be ok & it's hard to follow your heart but just be true to who you are." -Jess J.

Drama 9-12, Dance Team 11-12, Tennis 10, 12, Green Team 9-12, GSA 12, Yearbook 12, PeerLeaders 12, Improv 11-12



Brendan Kerr

"Musterfields; where kings are born." -Residents of the Musterfields

Football 9, Basketball 9-11, Soccer 12, Track & Field 11-12, Drama 12 Homecoming King



Ryan Kovalski

*"Look what I can do" - Stewart,
Comedy Central*

National Honor Society 12,
Tennis 11-12 Captain, Improv 12,
Peer Leaders 12, GSA 12, Math
Team 11-12 Captain 12, Election
Committee 12, Yearbook 12
See yah on TV, Megan M!



Olivia Kurowski

*"Dance like nobody's watching,
love like it won't hurt, live like it's
heaven on Earth." -Purkey*

Soccer 9-12, Basketball 9,
Cheerleading 10, Track & Field
10-12, Dance Crew 11-12 Captain,
ABC Club 11-12, Yearbook
Committee 12, You Lead 12,
National Honor Society 11-12,
Student Council 10&12



Tiffany Lake

*"If you love life, don't waste time,
for time is what life is made up of."
-Bruce Lee*

Good luck Class of 2013!



Lauren Landers

*"You make a choice in life, and it
affects your life in all ways, good
and bad" - John Mayer*

Soccer 9-12, Basketball 9-10,
Track & Field 9-12, Student
Council 11-12 Treasurer,
YouLead 11-12



Amanda Lane

*"It is better to look ahead and
prepare than to look back and
regret" - Jackie Joyner-Kersee*

Fall Cheerleading 9-11 Captain 12,
Winter Cheerleading 9-11
Captain 12, Track & Field 9-10
Captain 11-12



John LeBlanc

"I enjoy what I do." - Tiger Woods

Golf 9-10 Captain 11-12, Frisbee
9-12, YouLead 11-12



Hannah Lee

"Go on and be crazy; craziness is like heaven" Jimi Hendrix

I made it out alive!



Jason Lennox

"Our biggest regrets are not for the things we did but the things we didn't do" -One Tree Hill

Good luck class of 2013!



Sara Liborio

"Just be yourself, there is no one better." Taylor Swift

Softball 9-10, Anti Bullying Club 10-11 President 11, Yearbook 12, Marble Collection 12



Nathan Littman

"Don't gain the world and lose your soul, wisdom is better than silver or gold." -Bob Marley

Baseball 9-11 Captain 12, Hockey 9-12, Football 9



Victoria Lynch

"Many people will tell you you can't. You've got to turn around and say watch me" -Beachley

Drama 9-12, Dance Team 11-12, Yearbook 12, Singing of National Anthem 11-12, Peer Leaders 12, District Chorus 11-12



Jack Malafronte

"When you want to succeed as bad as you want to breathe you'll be successful." Eric Thomas

Football 9-11 Captain 12, Baseball 9-11 Captain 12, Hockey 9, 11-12, Class Vice President 11-12, National Honor Society 11-12



Maria Manning

*How lucky I am to have
something that makes saying
goodbye so hard.* -A.A. Milne

Peer Leaders 12, Gymnastics 11-
2, Horseback Riding 9-12



David Manzo

*"The way you greet difficulty is
what sets you apart from the rest"* -
D.M.

Football 9-12, Basketball 9&11,
Lacrosse 9, Track & Field 10-11
Captain 12.
Shout out to Lezi Dez and Pete
Manzo for pushing me through
these last four years.



Megan McHugh

"Que sera, sera." -The Man Who
Knew Too Much

Student Council 9-12 President,
Drama 10-12, Improv 11-12,
Tennis 10-12 Captain, Green
Team 10-12 President, Math
Team 11-12 Captain, National
Honor Society 11-12, GSA, Peer
Leaders 11-12 Vice-President



Brendan Merrick

*Success isn't permanent and
failure isn't fatal.* -Mike Ditka

Soccer 9-12 Captain, Hockey 9-12,
Baseball 9-10, Ultimate Frisbee
11-12, National Honor Society 11-
12.

Good luck to my brothers when
they hit high school!



Robert Morris

*"Decide that you want it more
than you are afraid of it."* -Bill
Cosby

Football 9-12, Track 10-12,
Tennis 9, Drama 11-12



Neil Murphy

*"The joy of living is his who has the
heart to demand it."* -Theodore
Roosevelt

Ultimate Frisbee 10-12, Math
Team 11-12



Rebecca Nealon

"All dreams can come true if we have the courage to pursue them."
-Walt Disney

Dance 9-12, Yearbook Committee
12



Phillip Nguyen

"Life is too deep for words, so don't try to describe it, just live it." -C.S. Lewis

Football 9-12 SSL Champions,
Super Bowl Champions, Track & Field 9-12



Meghan Nigrelli

"Anything's possible." - Seussical

Drama 9-12, Marching Band 11-12,
ABC Club 11, Student Art Magazine 12, Improv 11-12



Melanie Mabel Nugent

"She may be little, but she is fierce." -William Shakespeare

Best wishes Class of 2013!



Meghan O'Leary

"The best thing to hold onto in life is each other." -Audrey Hepburn

Student Art Magazine 11-12,
Yearbook Committee 12



Colleen O'Neil

"Just keep swimming." -Dory

Newspaper 10-12, Club Swimming 9&12, 2012 Olympic Trials Qualifier



Nore O'Neil

"It is better to look ahead and prepare than to look back and regret." - J. Jayner Kersee

Basketball 9-12, Softball 9, Tennis 10, You Lead 9-12, National Honor Society 11-12



Drew Panico

"We never truly grow up, we just learn how to act in public" - Bryan White

Good Luck Class of 2013!



Tyler Perakslis

"I didn't choose the musterfields, the musterfields chose me." - Residents of the Musterfields

Football 10-12 SSL Champions
Superbowl Champions, Baseball 10-12. I love my team. GWP.



Amanda Pereira

"Someone who has never made a mistake, has never tried anything new." - Einstein

Improv 12, Drama 12, Yearbook Committee 12, International Week 10-12



Ryan Peters

"Life consists not in holding good cards but in playing those you hold well." -Josh Billings

Good luck Class of 2013!



Alexandra Powers

"Enjoy it. Because it's happening." - Stephen Chbosky

Softball 9-12



Kendal Purtell

"We're just trying to find some color in this black and white world." - The Maine

Improv 12, Dance Crew 12,
Drama 12



Benjamin Rangel

"A man who dares to waste one hour of time has not discovered the value of life." -Darwin

Cross Country 8-12, Lacrosse 9-12



Samantha Rangel

"I'll leave nothing less than something that says I was here." -Lady Antebellum

Cross Country 9-10, Track & Field
9-11



Danielle Reardon

"Time you enjoy wasting, was not wasted." - John Lennon

Basketball 9-11, Soccer 9-12,
Lacrosse 11-12



Alicia Reid

"When you think back on all we've done I hope you're proud." -Carrie Underwood

Soccer 9-12 Captain 12, Softball 9-12 Captain 12, Basketball Manager 10-12, You Lead 11-12, Prom Committee 11, Yearbook 12, National Honor Society 11-12



Patrick Reynolds

"The legs feed the wolf" - Herb Brooks

Golf 10-12, Hockey 9-12



Tyler Richards

"Life is like riding a bicycle. To keep your balance, you must keep moving." -Einstein

Hockey 11



Haylee Rogers

"May the odds be ever in your favor." - The Hunger Games

Softball 9-12, Basketball 9-12, Class Vice President 9-10, Class President 11-12, You Lead 10-12, National Honor Society 11-12



Josh Ronan

"Don't go where the path may lead go instead where there is no path & leave a trail." -R.W.E

Football 9-10, Basketball 9 & 11-12



Hannah Ruvel

"We do not remember the days; we remember the moments." -Cesare Pavese

Soccer 9-12, Track & Field 9-12, Yearbook 12



Rachel Salmon

"This moment will just be another story someday." -Stephen Chbosky

Lacrosse 9-10



Gina Santagati

"There is little success where there is little laughter." -Andrew Carnegie

Softball 9, Basketball 9



Mike Spallino

"All we have to decide is what to do with the time that is given to us." -Gandalf

Football 9, Golf 10-12, Ultimate Frisbee 10-12, Math Team 11-12 Captain 12. Thanks Mom and Dad!



Connor Sumner

"Try not to become a man of success, but rather try to become a man of value." -Albert Einstein

Soccer 9-12, Basketball 9-10, Ultimate Frisbee 9-12



Jared Sumner

"You only live once, but if you do it right, once is enough." -Mae West

Soccer 9-12, Basketball 9-12, Ultimate Frisbee 9-12, You Lead 11-12



Lindsay Taylor

"We make a living by what we get, we make a life by what we give." -Winston Churchill

Good luck Class of 2013!



Breanna Tocci

"Time you enjoyed wasting, was not wasted." -John Lennon

Best wishes Class of 2013!



Brandon Vinciguerra

"Don't cry because it's over, smile because it happened." -Dr. Seuss

GOOD LUCK Class of 2013.



Mike Walsh

"HOCKEYYY!" -Mike Brennan

Baseball 9-12, Hockey 11-12



Paul Wenzl

"To be normal is to not be you, so be yourself." -Unknown

We finally made it!



Justin Weston

"A word to the wise is sufficient." - Benjamin Franklin



Timmy White

"Life is good so I'm feeling great." - Wiz Khalifa

Basketball, Track & Field, Cross Country



Tyler Wicklund

"Strive not to be a success but rather to be of value." - Einstein

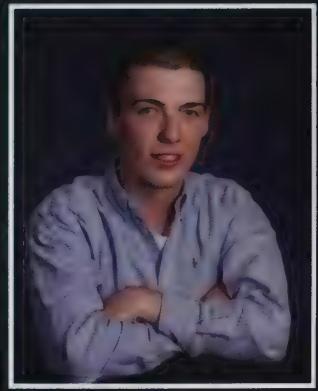
Best wishes Class of 2013!



Brett Williams

"I still look at myself and want to improve." -David Beckham

Basketball 9, Soccer 9-12, Ultimate Frisbee 10-12. Good luck Class of 2013.



Matthew Wood

"Don't worry, be happy." -Bobby McFerrin

"Magz"
Football 9, Ultimate Frisbee 10,
Master of Ceremonies



Paige Lindzey Young

"Our lives begin to end the day we become silent about things that matter." -M.L.K.

Softball 9-12, You Lead 11-12,
Yearbook Committee Editor 12,
Prom Committee 11, Retreat
Team 10-12, Homecoming
Queen- thank you mom,dad&T
a&f N.C, K.R, D.H, V.L, S.R, H.R

Seniors Not Pictured

Allyson Chandler
James Murphy

Gone But Not Forgotten



Megan Hickey



Maria McElroy



Nathalia Rocha



Samantha Zine



Amanda Corshin



Amanda Burnie



Brandon Beliveau



Brittany Arconti



Elena Retzer



Tyler Coy



Mike Dickey



Shannen Broderick



Sahil Patel



Robert Foley



Jayne Merrill



Most School Spirit
Alex Hagerty & Alicia Reid



Best All Around
Dan Gately & Amanda Hawkesworth



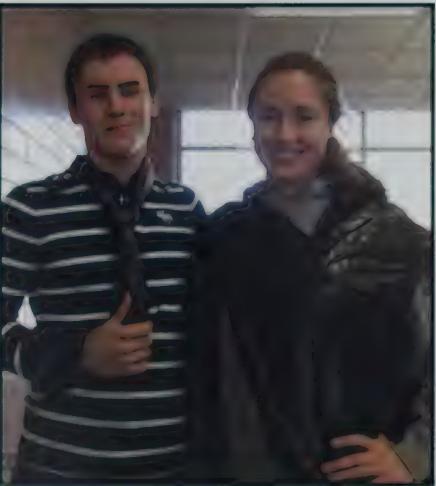
Nicest Smile
Rachel Carvell & TJ Antonetti



Most Athletic
Brandon Cawley & Colleen O'Neil



Most Likely to Succeed
Mike Spallino & Jami Dunn



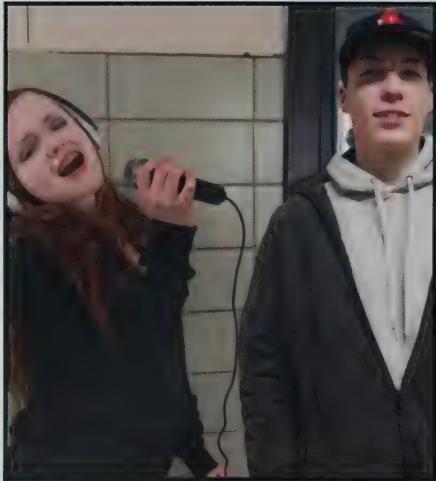
Best Dressed
Carly English & Tim Degrasse



Most Changed Since Freshman Year
Hannah Russell & Rob Morris



Biggest Case of Senioritis
Justin Weston & Raquel Amaral



Most Musical
Matt Wood & Vicky Lynch



Most Likely to Stay in Abington
Alicia Reid & Jack Malafronte



Class Couple
Brendan Merrick & Mackenzie Gillis



Cutest Couple That Never Was
Matt Diver & Danielle Hamilton



Best Friends
Rachel Casey & Molly Foley



Bromance
Brendan Kerr & Jimmy White



Class Clown
Jack Cashman & Kendal Purtell



Best Laugh
Tyler Perakslis & Paige Young



Gym Class Hero
Brett Williams & Gina Santagati



Would do Anything to Win a Superlative
Phil Nguyen & Becca Nealon



Friendliest
Ryan Kovalski & Megan McHugh



Most Unique
Pat Reynolds & Hannah Lee



Most Gullible
Mike Walsh & Regina Broomstein



Most Likely to be Mistaken for Each Other
Tom & Anthony Jackson



Most Likely to be on Reality TV
Anthony Bartlett & Sam Rangel



Most Likely to Win Survivor
Jake Johnson & Haylee Rogers



Most Likely to be Late to Graduation
Mark Gambon & Melanie Nugent (not
pictured)



Born in the Wrong Decade
Alex Hagerty & Hannah Lee



Worst Driver
Bobby Griffin & Lauren Landers



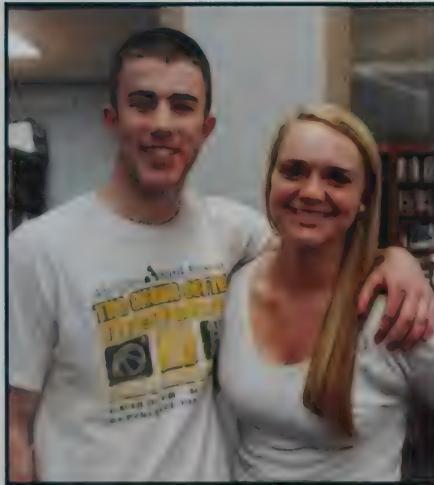
Future Oscar Winners
Pat Dwyer & Vicky Lynch



Most Accident Prone
Haley Gomes & Joe Buckley



Most Artistic
Ben Rangel & Amy Hackett



Most Outgoing
Brendan Kerr & Steph Cornish



Nicest Eyes
Tim Ferguson & Danielle Reardon



Best Beard
Tom Arcand



Student Teacher BFF
Jack Malafronte & Mr. Serino

Lunch
Chicken
Bowl

TV Show
The
Walking
Dead

Radio
Station
JAM'N 94.5

Fast Food
Restaurant
Wendy's

These are a few of our
favorite things...

Store
Forever 21

Class
Public
Speaking

Song
Thrift Shop by
Macklemore &
Ryan Lewis

Faculty



Teresa Sullivan
Principal



Jessica Sullivan
Assistant Principal

Secretaries



Mrs. Kelliher, Mrs. Zakrewski, Mrs. Potter

Foreign Language



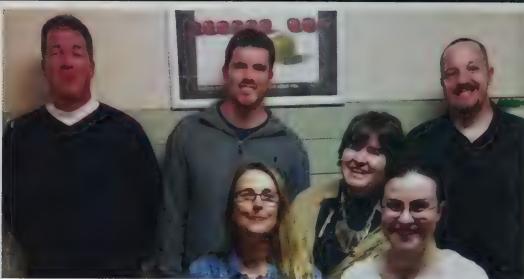
Mrs. Ward, Mrs. Grabowski, Mrs. Fry, Mrs. Gillis

English

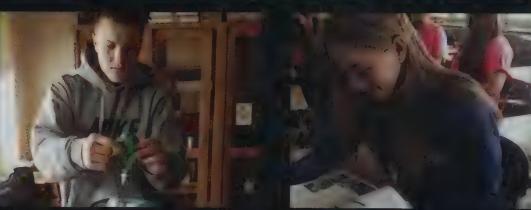
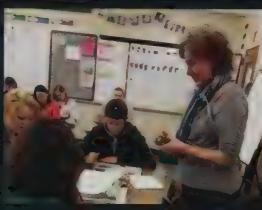


Ms. Louko, Ms. McHugh, Ms. Pflaumer, Dr. Gonsalves,
Ms. Clifford

Science



Mr. Kitterick, Mr. McGuiness, Mr. Beer, Ms. Kelliher, M.
Salvetti, Ms. Farias



History



Mr. Moore, Mr. Scott, Mr. Serino, Ms. Kinsman, Ms. Lewis,
Mr. Lanner

Math



Ms. Cella, Mr. Holzman, Ms. Ohrenberger, Ms. Kitterick, M.
Doherty, Ms. Dion, Ms. Dabene, Ms. McAuley



Wellness & PE



Ms. Daisy, Mr. Talbot, Ms. Langer

Library



Mrs. Crowley

Special Education



Ms. Balasco, Ms. Keohane, Ms. Culbert, Mr. Siegel

Guidance



Ms. Bulman, Ms. Ferioli, Ms. Posk, Ms. O'Brien



Art



Mr. Mahoney, Ms. Goldman

Business



Mr. Leavell



Music



Mr. Shannon, Ms. Harrington

Nurse



Ms. Chiasson



Cafeteria.....



The wonderful lunch ladies who make and serve us lunch everyday!

Custodians



The amazing custodial staff that keeps this school squeaky clean!



Class
of
2013





FAHS



Best Style
Mrs. McHugh & Mr. McGuinness



Most Parent-Like
Mrs. Daisy



Overall Favorite
Mr. Holzman



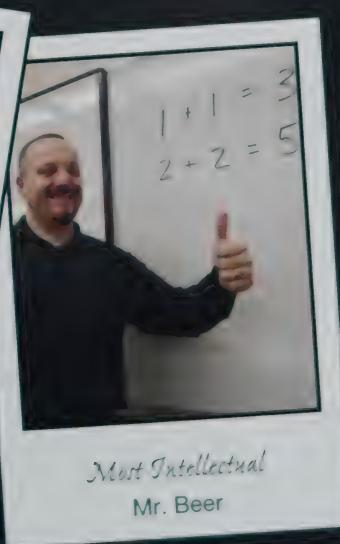
Most Memorable
Ms. Clifford



Most Dedicated
Ms. Pflaumer



Most Energetic
Mr. Shannon



Junior Prom

April 27, 2012

Gillette Stadium Mardi Gras

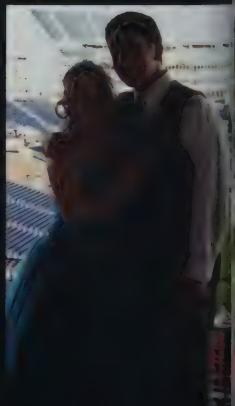
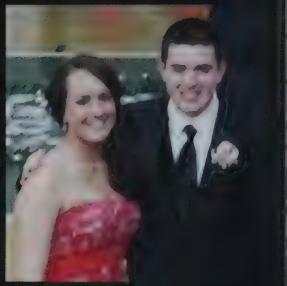


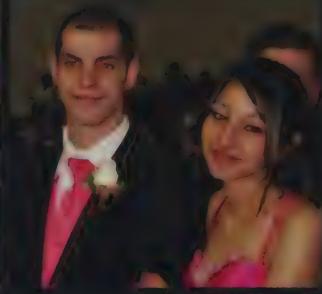


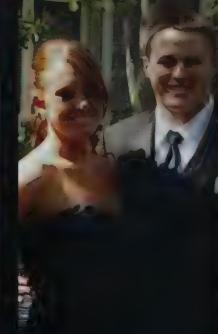
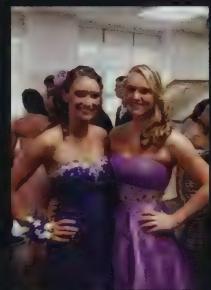
King: Tyler Perakslis
Queen: Mackenzie Gillis



Court: Amanda Hawkesworth, TJ Antonetti, Amanda Lane, Nick Beckman, Alyah Gillans, Brendan Merrick, Victoria Lynch, Alexander Hagerty









Homecoming





Senior Events





Powderpuff

*Powderpuff 2011-12
Junior Champions!*



*Powderpuff 2012-13
Senior Champions!*



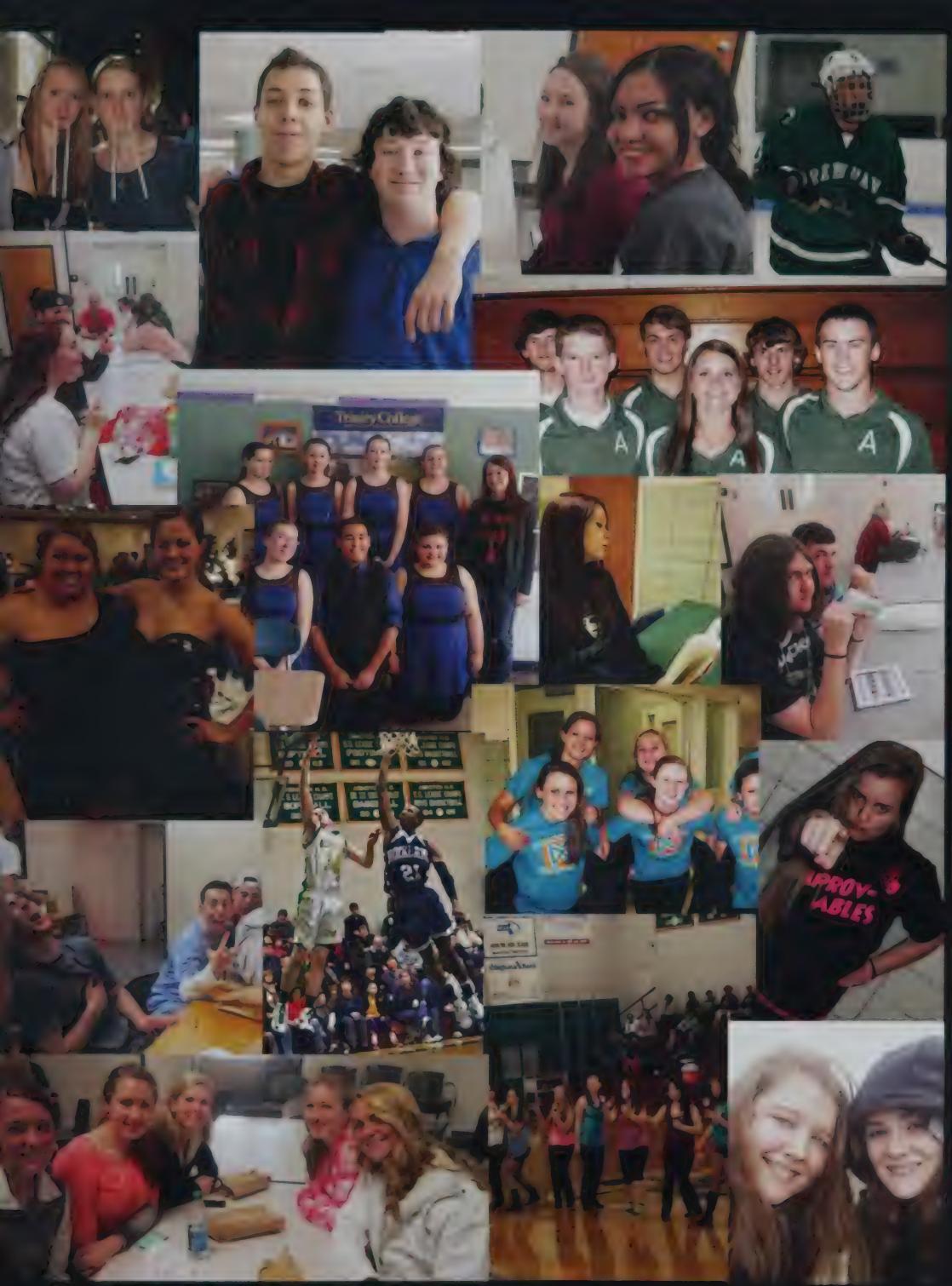


Greenwave Pride









Class Will

I, Mike Spallino, leave my hipster style to whoever can handle it.

I, Tyler Wicklund, leave Mrs. Harrington and Tori Barbuto the band.

I, Danielle Hamilton, leave Sydney Hamilton my parking spot.

I, Olivia Kurowski, leave Marianna Porcello the Dance Crew.

I, Babila Fonkem, leave Matt "Train" Kilmain "The Torch".

I, Amanda Hayes, leave Sean O'Brien the right to still use my locker.

I, Emily Fagan, leave Abigail Budwey the soprano section in chorus.

Me and the boys leave the Musterfield Torch to Matt Whalen.

I, Dan Gately, leave Derek Gately my last name.

I, Josh Ronan, leave Matt Thetonia my dashing good looks.

I, Tj Antonetti, leave Matt Whalen the morning announcements.

I, Jami Dunn, leave Kim Phan the Greenwave Gazette.

I, Alex Draper, leave Rachel Clarke my sculpture stuff.

I, Pat Dwyer, leave Bryan the responsibility of waking up on his own like a big boy.

I, Nicole Chiavaroli, leave Anthony Chiavaroli my pickup truck.

I, Megan McHugh, leave Improv in good hands with the underclassmen.

I, Stephanie Cornish, leave Samme Thompson the future of AHS softball.

I, Tim Ferguson, leave Brian Nickley the south side of Abington.

I, Liz Gould, leave no trace I ever went here.

I, Eddie Cardinal, leave Joe Marella the hockey team.

I, Victoria Howe, leave Christina Howe the tradition of giving Ms. Salvetti squirrel calendars for Christmas.

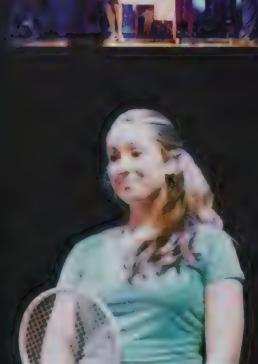
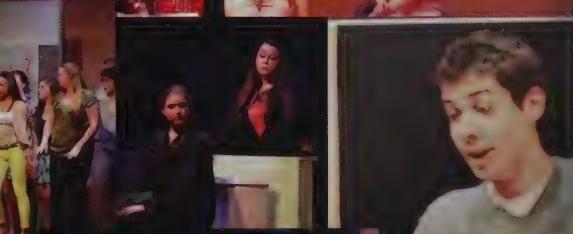
I, Hannah Russell, leave #9 jersey to Marianna Porcello.

I, Jack Malafronte, leave Sam Malafronte the same Green Wave Pride wig that Nick Malafronte left me.

I, Ryan Kovalski, leave my thanks and appreciation for the faculty that helped me through the years.

I, Maria Manning, leave Steven Manning my grades to get into college.

Legally Blonde







Football

Right: The team lines up for the Super Bowl

Below: Team picture 2012



Stats

Playoff game:

Abington	29
Millis-Hopedale	12

Super Bowl:

Abington	14
St. Marys of Lynn	8



Super Bowl Champs

Senior Joe Brady intercepts the football during the final quarter of the Super Bowl to seal the win for the Greenwave

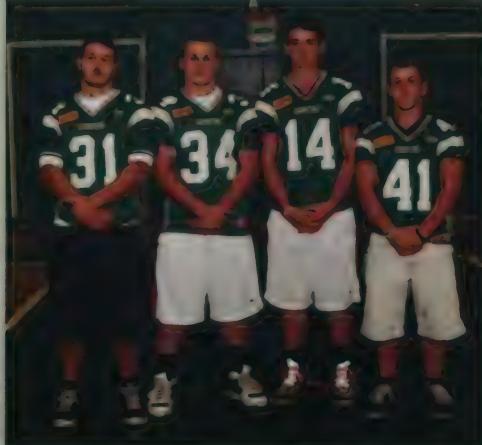


Senior quarterback Brandon Cawley protects the football during the Super Bowl game at Curry College



This past season was one of the most successful years in school history as the team posted an undefeated 13-0 record and captured the Division 4 Super Bowl Championship. Whether it was a big hit, big run, or big catch, the Green Wave was a team full of play-makers who made the most of their abilities. The team would like to thank all of the amazing fans and the community who rallied behind this perfect season.

13-0



Senior captains from left to right: Pat Dwyer, Tim Ferguson, Brandon Cawley, Jack Malafronte

Senior Spotlight

Cheerleading Fall 2012

Led by Coach Kim Hicks, the Cheerleading squad had an awesome season. This group of girls participated in five competitions receiving second and first place awards at their two Invitational Competitions. They came in third in their league meet, second at Regionals, and fourth at the State Competition. They are full of Green Wave Pride, school spirit, and talent.



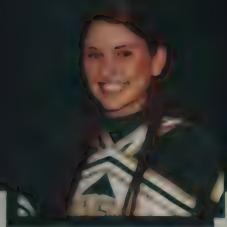
The girls getting ready to show their Green Wave pride



Above are Captains Amanda Lane and Shannon Cardinal



Caitie McDermott being lifted at one of the boys football games



Amanda
Lane



Ashlee
Ezzell



Members of the squad: Amanda Lane, Ashlee Ezzell, Shannon Cardinal, Eva McCormick, Ashley McCabe, Jenna Warsheski, Catie McDermott, Emily Loring, Kailey Cardinal, Abby Ricketson, Taylor Marston, Taylor Johnson, Julia Cabral, Alana Siegal, Mikayla Rooney, Christina Antonetti, Erin Foley, Olivia Maly and Hailey Ezzell.



The girls preparing for their routine at a football game



Hailey Ezzell during the cheer leaders' jump sequence

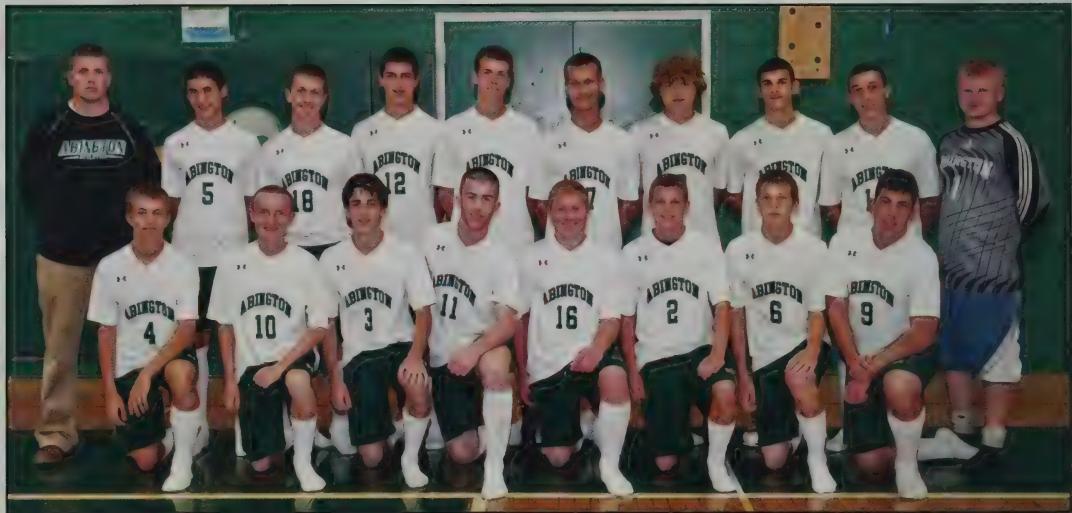
Boys



Right: Senior Dan Gately fights for the ball in the air

Diagonal: Senior Mark Gambon is chased by a Mashpee defender

Left: Bryan Macaluso battles for a ball on the sideline



Boys Varsity Team: top row- Coach McGinness, Tyler Mariano, Brendan Merrick, Thomas Jackson, Connor Sumner, Dan Gately, Rob McClafferty, Bryan Macaluso, Ryan Mariano, Brett Williams, bottom row: Tyler Moulton, Steve Bunzell, Max McNulty, Brendan Kerr, Mark Gambon, Jared Sumner, John Reid, Domenico Cerasani



Right: Senior captain Jared Sumner takes the ball up the field

Left: Senior Brendan Kerr fights for the ball



2012

The boys finished their season with a record of 5-8-5 . Their offensive attack was headed by leading goal scorer sophomore Rob McClafferty, while their defense was lead by senior Brendan Merrick. Holding steady in net the entire season was senior goalkeeper Brett Williams.

"Win or lose we still have the best looking coach in the league" -Dan Gately



Above: Coach McGinness giving advice to his team on the bench



Above: Senior Brendan Merrick tries to win the ball

Soccer



Seniors- Rachel Casey, Stephanie Cornish, Olivia Curtin, Mackenzie Gillis, Haley Gomes, Ashley Griggs,

Girls Soccer

The girls had an amazing ride, making it to the semifinals for the first time in twelve years, and winning three tournament games for the first time since 1980. They scored an incredible fifty goals throughout the season. Their Cinderella story came to an end in the semifinals, but they never gave up. Their final record was 12-9-1.

"Seeds don't matter; it takes hustle and heart to win when it counts"



Below: Captains Alicia Reid and Mackenzie Gillis lead the Green Wave.

Division 3 South Tournament

Abington vs Seekonk	3-1
Abington vs Norfolk Aggie	2-0
Abington vs Nantucket	3-2 OT
Abington vs Dover Sherbourn	0-1



Above: The team celebrates after beating the number one seeded Norfolk Aggie team. Left: Team picture



Amy Hackett, Olivia Kurowski, Lauren Landers, Danielle Reardon, Alicia Reid, Hannah Russell



Left: Teammates Abby Magnussen, Samme Thompson, Marianna Porcello, Steph Cornish, Olivia Kurowski, Alicia Reid, Mackenzie Gillis, Victoria Chiocchio, Ashley Griggs, Rachel Casey, Haley Gomes, Olivia Curtin, Amy Hackett, Hannah Russell, Brianna Donovan, Lauren Landers, Danielle Reardon, and Victoria Curtin pose for the camera



Seniors: top row- Mackenzie, Amy, Danielle, Stephanie, Lauren, Ashley, Alicia, Haley, bottom row- Olivia C, Rachel, Hannah, Olivia K



The team runs across the field holding hands to cheer with their fans after a thrilling overtime victory in Nantucket

Cross-

Boys Cross Country:
Andrew Johnson,
Alex Hagerty,
Ben Rangel,
Conor Donovan,
Jimmy White,
Bobby Derbes,
Jack Cashman, and
Steve Dwyer.



Boys Cross Country Captains:

On the left, Ben Rangel

On the right, Jack Cashman



Seniors from left to right: Alex Hagerty, Bobby Derbes, Jimmy White, Connor Donovan



To the left is senior captain Emily Atkinson, the girls top runner.



Girls' cross country team: from the left- freshman Katie Donovan, sophomore Molly Atkinson, freshman Jess Sullivan, freshman Jill McKeon, senior Captain Emily Atkinson, sophomore Ali Phair, freshman Katlyn Richards & sophomore Molly Ferguson

Country

The girls cross country team was led by top runner Emily Atkinson, who was the fifth top runner in the South Shore League. The boys cross country team was lead by Ben Rangel and Jack Cashman. Jimmy White was tenth in the league while Ben Rangel was twelfth.



Above: the girls finish strong in a meet against Rockland

Below: the girls huddle up before a race



Captains' Corner

Right: Captain Tim Degrasse lines up his shot

Senior Captain John Leblanc lines up his putt



Golf

"We had another great season but nothing was better than handing Cohasset their first loss in two years." - Coach Tim Hill

Above- Junior Joe Marella hits a shot out of a sand trap

Senior Mike Spallino looks down the green after a shot.

"We are scrappin"- Coach Tim Hill



Seniors-

John Leblanc

Tim Degrasse

Bobby Griffin

2012



Seniors (from left to right)- Bobby Griffin, Pat Reynolds, Danielle Hamilton, Mike Spallino, Tim Degrasse, and John Leblanc

Sophomore
Etienne Bourgoin
takes a nice
swing



Bobby Griffin
sends a nice shot
down the green



Back Row: John Leblanc, Chris Burgess, Tim Degrasse, Mike Donaher, Cole Jansen, Bobby Griffin, Chris Hamel, Brian Diver, Michael Spallino, James Landers, Joe Marella, Pat Reynolds, Colton McGrath
Front Row: Rachel Clark, Eitienne Bergion, Nate Thomson, Matty Curran, Ben Bennett, Danielle Hamilton

Danielle Hamilton

Michael Spallino

Pat Reynolds



Left: Senior Nathan Littman defends Abington's net



Right: The Green Wave celebrate after an amazing victory

Below Left: Senior Michael Walsh manages to get a shot off

Below Right: Senior Jack Malafronte battles on the boards



Senior Captain Eddie Cardinal and Assisting Captains, Senior TJ Antonetti and Junior Jake Quinlin lead the Green Wave

Hockey

The Hockey team finished with a record of 15-3-2 this season and won their first SSL title as Abington alone in thirty one years. Captain Eddie Cardinal and assistant captains T.J. Antonetti and Jake Quinlan led the team. Along with having twelve seniors, the team had six SSL All-Stars: Nathan Littman, Eddie Cardinal, Jake Quinlan, T.J. Antonetti, Joe Marella and Mike Walsh. The team made the playoffs for the 2nd consecutive season.



Above: The Green Wave poses for their photo with the 12 seniors: Eddie Cardinal, Tim Degrasse, Bobby Griffin, Pat Reynolds, Jack Cashman, Mike Walsh, TJ Antonetti, Domenico Cerasani, Jack Malafronte, Brendan Merrick, Nathan Littman, Bobby Derbes



The South Shore League Champions

Boys Basketball

The boys basketball team had a successful season, making it into the MIAA tournament. The Green Wave boys started off pretty slow at the beginning, but as the season continued they really started to play as a team and started to win key games. The coaches did a great job all year long. Even though the boys lost in their first tournament game, these boys beat the odds and made their season great.



Above are senior captains Brandon Cawley and Matt Diver



Above is senior Joe Buckley going for the block in their game against Cohasset



Back Row: Jared Sumner, Brandon Cawley, Matt Diver, Joe Buckley, Josh Ronan
Front Row: Ryan Marino, Bryan Dwyer, Aidan Cawley, Vinny Picardi, James Landers, Alexander Nagle



Above: Seniors; Jared Sumner, Brandon Cawley, Matt Diver, Joe Buckley, Josh Ronan.



Above: Brandon Cawley goes up for the layup

Girls Basketball

The Lady Wave seniors had a fantastic career, capturing two undefeated South

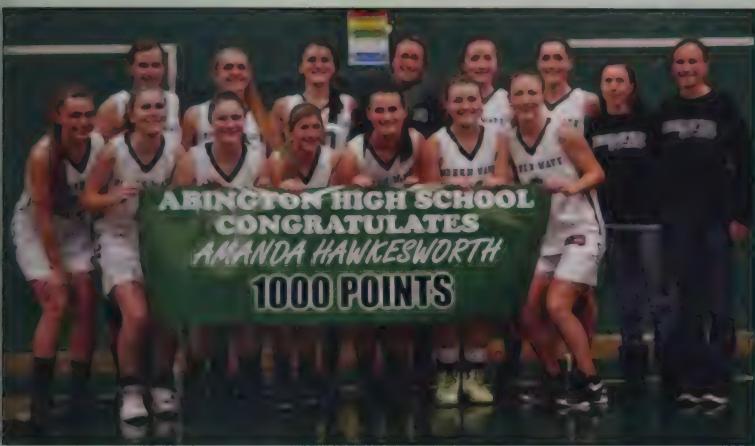
Shore League Championships and winning thirty five straight South Shore League games. The team made the MIAA State Tournament all four years, and for the last two years have made it into the second round. Unfortunately, their amazing run ended swiftly with a four point loss to Ashland, but this girls basketball team will be remembered for a long time as one of the best to come through AHS.



Seniors Haylee Rogers, Danielle Hamilton, Carly English and Amanda Hawksworth



Seniors Mackenzie Gillis, Nora O'Neil, Stephanie Cornish, and Amy Hackett



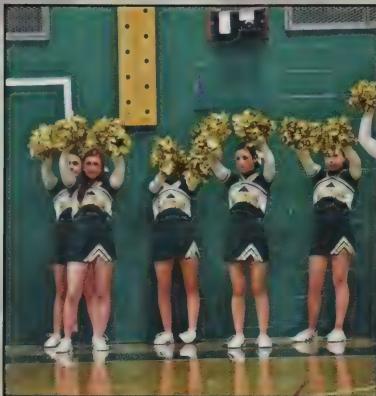
The girls line up at the foul line for the playing of the national anthem

Above: The team celebrated with their captain Amanda Hawkesworth when she scored her 1,000th point during a home game against New Bedford

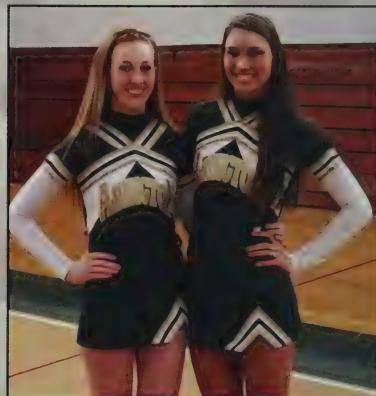


Left: The seniors of the Lady Wave pose for a picture together on their senior night

Winter Cheerleading



The girls cheering on the sidelines at the boys basketball game.



Captains Amanda Lane and Shannon Cardinal



Back: Olivia Maly, Eva McCormick, Emily Loring, Shannon Cardinal, Amanda Lane, Claudia Barrett, Jenna Warskeki, Taylor Martson
Front: Alanna Seigal, Abbi Ricketson, Catie Mcdermot, Christina Atonetti, Ashley Mccabe, Kailey Cardinal

2012-2013

Season Achievements

The 2012-2013 winter cheer season proved to be a successful, positive season for this group of girls. In their first competition, the Milford Invitational, they received first place. They then moved on to the League Championship where they came in third, moving them on to the Regional Competition. At leagues this talented group of girls came in third place which landed them a spot at the State Tournament. We all wish these girls luck at States and hope they do what they have been doing all season; showing their Green Wave pride.



Girls Track



Back row: Abby Gendreau, Alison Phair, Alex Draper, Alyah Gillens, Amanda Lane, Abigail Magnussen, Molly Atkinson, Amy Hackett, Melissa Irrie
Middle: Jill Meegan, Jess Sullivan, Meghan Golden, Kim Reid, Olivia Kurowski, Allyson Chandler
Front: Brooke Ritchie, Lindsey Minchello, Catic McDermott, Nicole Kulikowski, Hannah Russel, Marianna Porcello, Rachel Casey, Emily Atkinson, Alexis LaPointe



Above: Lauren Landers in the triple jump



Above: Emily Atkinson throwing the javelin



Seniors pictured above: Alex Draper, Alyah Gillens, Amanda Lane, Amy Hackett, Allyson Chandler, Emily Atkinson, Hannah Russel, Olivia Kurowski, Rachel Casey

Left: Molly Foley sprinting

Right: The captains Emily Atkinson, Amanda Lane, and Amy Hackett



Boys Track



Back row: Deandre Hilton, Robert Morris, Ryan Mariano, Nick Sideropoulos, Tyler Mariano, John Reid, Greg Corbett (Manager)
Middle: Al Freeman, David Manzo, Devon Matthews, Teejay O'Donovan
Front: Jimmy White, Phil Nyuyen, Stephen Bunszell, Garrett Hall, Brendan Kerr

Last year, both these teams had a very successful season, sending several athletes to the Division 4 State Meet in 2012. Emily Atkinson attended the All State Meet for javelin. Both the girls and boys train hard increasing their endurance. This coming season they hope to get a higher ranking in the league and send even more people to the State Meet in 2013.

Senior Robert Morris Throwing the javelin



Captains Junior Ryan Mariano and Senior David Manzo



Senior David Manzo landing in the long jump pit



Baseball

The boys baseball team is eager to get back to work this year. The roster will be packed full of seniors aiming to improve on last year's record.

Knowing the success of Abington High School baseball in the past, these boys will be looking to bring home a title once again.



Right: Senior TJ Antonetti rounds third base after a great hit



Right: Senior Brandon Cawley prepares to throw the ball to first base



Left: The Green Wave put their hands in before the start of a new inning





Left: Senior Captain Nathan Littman catches a fastball behind the plate



Right: Senior Captain Tyler Perakslis waits for a throw at first base

The Green Wave will be lead by four impressive senior captains during the 2013 season



Left: Senior Captain Pat Dwyer fires a pitch in for a strike



Right: Senior Captain Jack Malafronte attempts to hit his teammates home

Below: Senior Justin Weston hits a line drive



Below: Team picture of the 2012 baseball team





Left: The girls put their hands in before the start of another inning



Right: Grampa hugs all of his favorite girls after the State Championship



Above: Scenes from the MIAA State Tournament from the 2012 season

Left: Senior catcher Haylee Rogers waits for the pitch behind the plate



Right: Senior Alex Powers tries to hit the ball out of the park

Below: Scenes from the MIAA State Tournament from the 2012 season



Softball

The Green Wave girls softball program has had an incredible run. During the seniors' time at AHS, they have qualified for the MIAA State Tournament three times and won two undefeated South Shore League Championships. Last season the girls took their journey all the way to the State Championship, winning Division 3 South and becoming Eastern Massachusetts Champions along the way. This year the Green Wave will look to continue with their incredible success, lead by the many seniors who are now veterans at winning.



The 2012 girls softball team



The girls proudly display the Division 3 South Championship trophy after their win



Stephanie Cornish



Alicia Reid



Mackenzie Gillis

The 2013 team captains are looking to lead this team to another successful season

Boys Lacrosse



Team Photo 2012



Senior Bobby Derbes



Senior Tim Ferguson



Last year the boys had a good season but they hope to do even better this coming season. They have complete faith in all of their teammates and they believe that they will improve greatly this year.

They hope that the tournament will be within their reach.



To the left: the boys huddle up to stretch and focus before one of their away games



Girls Lacrosse



Coach gives the girls a pep talk at
halftime of a home game



Right: Senior
Danielle
Reardon brings
the ball down
the field



Above: Lindsay Ryan fights for the
ball



Right: Victoria Howe at
the start of the game



Team Photo 2012

Last year, the girls had a good season at 4-15-1 and did not make it to tournament. Coach Kate Casey looks forward to a few more wins this year. They lost some key seniors last year but are confident with the new players that have been added to the roster this year.



Abington on a break away



Olivia Curtain making the save in net



Tennis



Senior Ryan Kovalski was coached by Jim Patton

Boys

Ryan Kovalski was the only boys tennis player from Abington, so he played for a combined Abington-Rockland boys tennis team.

"Folks in those stories had lots of chances of turning back, only they didn't. They kept going because they were holding on to something." -
LOTR (Tolkien)



Girls



Coach Prizzio and Coach Mace guided the girls tennis team throughout their season

“Games give you a chance to excel, and if you're playing in good company you don't even mind if you lose because you had the enjoyment of the company during the course of the game.” - Gary Gygax

Right: Senior Melissa Joseph returns a serve from the opposing team



Above: The girls tennis team for the 2012 season



Left: Senior Ashley Griggs is looking stylish as she hits the ball during one of her matches



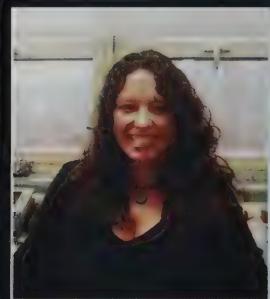
Returning captains for the girls tennis team will be Senior Katelyn Capone and Senior Ashleigh Bell, and they will be joined by a new captain, Senior Megan McHugh

Clubs

President: Haylee Rogers
Vice President: Jack Malafronte
Secretary: Stephanie Cornish
Treasurer: Carly English



Senior Class Officers



Class of 2013 Advisor:
Sarah Bulman

Greenwave Gazette

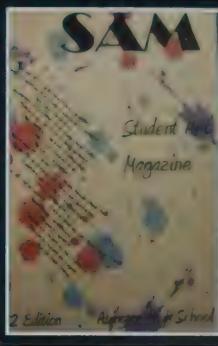
Advisor: Jim Dorman



Members: Jami Dunn, Amanda Hayes, Collen O'Neil, Kim Phan, Amanda Beaver, Caroline Bradbury, Nicole Bradbury, Michael Donaher, Jennifer Feeney, Ian MacLead, Megan Meehan, Jack Snyder, Taylor Johnson

Student Arts Magazine

Advisor: Elizabeth Gonzalves



Members: Meghan O'Leary, Melina Halloran, Meghan Nigrelli, Alexandra Draper, Emily Fagan, Alanna Halloran

Editors: Meghan O'Leary

&

Melina Halloran

Peer Leaders

Advisor: Bill Siegel

Members: Rebecca Coburn, Ryan Kovalski, Kately Capone, Michaela Bell, Ashleigh Bell, Derrick Hall, Gregory Oreste, Kailey Campbell, Matthew Burbine, Rachel Marcotte, Jill McKeon, Alyssa Devlin, Micheal Nickley, Aliyah Gillens, Leighann Healy, Megan McHugh, Alex Powers, Amanda Hayes, Brian Cafiero, Abby Gendreau, Meghan Golden, Melissa Iurie, Taylor Hebert, Maria Manning, Colton McGrath, Amani Dottin-Raines, Ashley Griggs, Cameron Reynolds, Tyler Reynolds, Micheal Donaher, Ali Phair, Susan Mullen, Chris Fanara, Ryan Mariano, John Lalli





Drama



Director: Steve Shannon
Assistant Director: Theresa Chiasson
Producer: Jim Dorman
Music Director: Joyce Harrington



Members: Meghan Nigrelli, Theresa Do, April Keegan, Leighann Healy, Kendal Purtell, Sam Rangel, Brendan Kerr, Rob Morrison, Mariana Porcello, Abigail Budwey, Vicky Lynch, Melissa Joseph, Alanna Holleran, Caroline Bradbury, Alessandra Vento, Amanda Pereira, Jilliane Mortimer, Hayley Burke, Megan McHugh, Ashley Griggs, Susan Muller, Alyah Gillens, Riley Morrison, Conor Donovan, Alex Hagerty, Tim McDonnell, Mike Knickley, Kim Reid, Haley Gomes, Pat Dwyer, Dan Gately, Rachel Carvell

Musicals

Freshman Year: Seussical
Sophomore Year: Shake It Up!
Junior Year: Annie
Senior Year: Legally Blonde

National Honor Society

Advisor: Jason Scott



Members: Ashleigh Bell, Michaela Bell, Katelyn Capone, Gregory Corbett, Jami Dunn, Carly English, Mark Gambo, Mackenzie Gillis, Ashley Griggs, Amy Hackett, Melina Halloran, Amanda Hayes, Melissa Joseph, Ryan Kovalski, Theresa Do, Megan McHugh, Haylee Rogers, Leighann Healy, Olivia Kurowski, Alicia Reid, Alex Powers, Ryan Mariano, Alex Nagle, Brendan Merrick, Sean O'Brien, Jack Malafronte, Kelly O'Brien, Nora O'Neil, Brian Nickley, Nichole Kulikowski

You Lead

Advisor: Peter Serino & Sarah Bulman



Members: Steph Cornish, John LeBlanc, Alex Nagle, Jack Malafronte, Lauren Landers, Sara Crane, Kate Demeo, Brian Cafiero, Kimberly Reid, Victoria Chiocchio, Paige Young, Hanna Rogers, Haylee Rogers, Nora O'Neil, Rachel Marcotte, Jill McKeon, Danny O'Brien, Brian Nickley, Tyler Mariano, Lindsay Ryan, Alicia Reid, Olivia Kurowski, Samme Thompson, Sean O'Brien, Brianna Porcello, Megan Kelly, Brianna Donovan, Jevin Zdonek, Matt Diver, Mike Nickley, Mackenzie Gillis, Connor Sumner, Molly Ferguson, Ryan Mariano, Sydney Hamilton, Carly English, Dan Gately, Jared Sumner, Amy Hackett, Amanda Awkesworth, Matthew Whalen, Brian Curran, Alanna Halloran, Sam Malafronte, Meghan Golden, Matthew Burbine, Julia Nickley



Improv



*"Do not take life too seriously.
You will never get out of it alive."*

- Elbert Hubbard



Advisor: Andrea Clifford



Members: Alyssa McKay, Alexa Elliot, Abigail Budway, Elizabeth Gould, Kendal Purtell, April Keegan, Alyssa Baldwin, Melissa Joseph, Riley Morrison, Travis Torchetti, Megan McHugh, Ryan Kovalski, Tim McDonnell, Rachel Carvell, Amanda Pereira, Meghan Nigrelli, Leighann Healy.

Yearbook



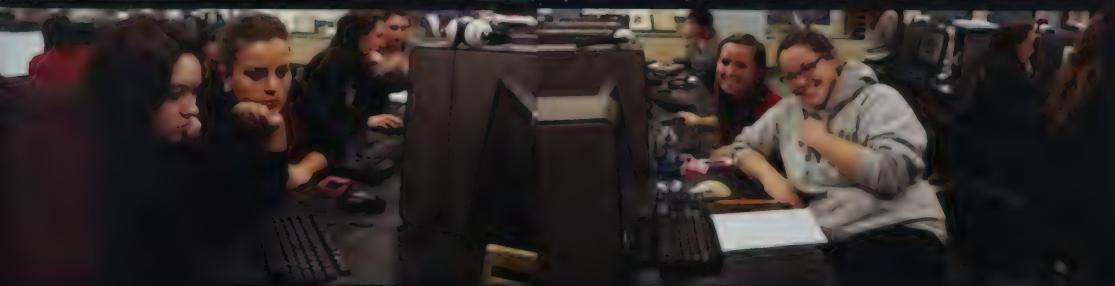
Advisor:
Jessica Kinsman



Members: Gregory Corbett, Alexandra Draper, Regina Broomstein, Victoria Howe, Sara Liborio, Alexander Hagerty, Paige Young, Olivia Kurowski, Hannah Russell, Victoria Lynch, Danielle Hamilton, April Keegan, Megan McHugh, Emily Fagan, Ryan Kovalski, Nicole Chiavaroli, Ashleigh Bell, Rachel Carvell, Amanda Pereira, Alicia Reid, Olivia Curtin



Editors:
Paige Young &
Alexandra Draper



Math Team

Captains: Melissa Joseph
&
Michael Spallino



Advisor: Margaret Dorehny



Members: Ashleigh Bell, Michaela Bell, Julia Buckley, Katelyn Capone, Brian Diver, Theresa Do, Amanda Doherty, Alex Draper, Abby Gendreau, Ashley Griggs, Katie Griggs, Leighann Healy, Melissa Imrie, Melissa Joseph, Ryan Kovalski, Nichole Kulikowski, Sarah MacLeod, Ryan Mariano, Haley McKay, Kaitlyn Molloy, Tyler Moulton, Neil Murphy, Alexander Nagle, Michael Nickley, Troy Panico, Kim Phan, Brooke Ritchie, Nick Sideropoulos, Michael Spallino



Student Council

Advisor: Amy Lewis



Student Council President:

Megan McHugh

Vice President: Melissa Joseph

Secretary: Jami Dunn

Treasurer: Lauren Landers

Olivia Kurowski



Dance Crew



Members: Olivia Kurowski, Marianna Porcello, Melissa Imrie, Nicole Kulikowski, Abby Gendreau, (April Keegan, Rebecca Coburn and Kendal Purtell)

Advisor: Kate Casey

Visual Art and Media Club

Advisor: John Mahoney



Members: Madyson Lemburg, Rachel Clarke, Savannah McIver, Elizabeth Gould, Taylor Johnson, Alexandra Draper, Katlyn Richards, Nicole Bradbury, Jeremy Sullivan, Carol Pardinh

Gay Straight Alliance

Advisor: Andrea Clifford



Members: Ryan Kovalski, Melissa Joseph, April Keegan, and Megan McHugh

Ultimate Frisbee Team



Advisor: Jason Scott



Members: Sarah Mclead, Amanda Marin, Brett Williams, Tyler Wicklund, Thomas Jackson, Connor Sumner, John LeBlanc, Alex Nagle, Matt Thetonia, Brendan Merrick, Matt Diver, Shawn Donovan, Darrien Gustafson, Scott Gambon, Neil Murphy, Brian Diver, Mike Spallino, Bobby Griffin, Rob, McClafferty, Jared Sumner

Winter Guard

Advisor: Nicole Doolin



Members: Elizabeth Gould, Alyssa McKay, Joe Taylor, Alexa Elliott, Victoria Barbuto, Rachel Ciambriello, Ariel Bossie



Fun Facts 2013

In 2013...

An iPhone 5 was \$199.99.

A small iced coffee at Dunkin Donuts was \$2.08

School lunch was \$2.40

A wet cut was \$30.00.

You could get a manicure and pedicure \$30.00.

A small pizza was \$9.00.

Did you know...?

Movie tickets were \$12.00

On average, gas was \$3.78 per gallon.

One iTunes song was \$1.29.

The average cost of a wedding was about
\$33,552.00.

The average college tuition was about
\$26,000.00

Minimum wage was \$8.00 per hour.

Class Officers



Senior Class



Junior Class



Freshman Class



Sophomore Class



In Ten Years...



Ashley Griggs will be finding the cure to cancer.

Megan McHugh and Amanda Pereira will be on SNL.

Maria Manning and Vikki Howe will still be best friends.

Justin Weston will still not have left Charles St.

Josh Ronan won't remember writing this.

Jack Malafronte will be Coach Kel's assistant coach.

Jared Sumner will still not be shaving.

Colleen O'Neil will have an Olympic medal.

Brendan Kerr will still be working at Sub Galley.

Melissa Joseph will be a world renowned doctor or president.

John LeBlanc will still be driving his red van.

Greg Corbett will be in the FBI.

Babila Fonkem will be playing in the NFL.

Mike Spallino will be rich.



Jami Dunn will be on her way to presidency.

Paul Wendt will be an artist.

Gina Santagati will be an accountant.

Brendan Merrick and Mackenzie Gillis will be married.

Jack Cashman will be the manager of Rockland Rink.

Nicole Chiavaroli will be living in the U.K.

Tim Ferguson will be a Marine Engineer.

Ben Rangel may have his license.

Kendal Purtell will be on the Ellen Show.

Matt Diver will be eight feet tall.

Rachel Carvell will be married to her prince charming.

T.J. Antonetti will still be making your day.

Vicky Lynch will be a well known singer.

Alex Draper will be designing buildings somewhere great.

Parent

Dedications



Rachel,

Congratulations, we are so proud of you. Wishing you the best in all you do!

Love, Mom & Dad

Nora,
"Dream until your dreams come true." We all love you Mom, Dad, B, S, T, K, K, E, Nana, &

Grampa



To our darling daughters, It is hard for us to believe that you are already graduating high school...it seems like just yesterday you blessed us with your arrival into this world. We are so very proud of the beautiful young ladies you have become. You both have your own unique qualities that make you so special to us. Continue to be true to yourselves, work hard, be kind, and follow your dreams...whatever you dream, can be achieved!

With all our love
Mom & Dad

Alex,

You are living proof that when you do your best and really try, the results are excellent. Happy Graduation. We are so very proud of you and what you have accomplished. WELL DONE! YOU'RE THE BEST!

Love Always,
Mimi & Papa



We are so proud of you Hannah! You are an amazing daughter and we love you so much! Lots of love,
Mom & Dad

Becca,

We are so happy to have you as our daughter. We know that you will go far in life and wish you many blessings along the way. We love you and will miss you as you enter the next chapter of your life.
Love, Mom & Dad



ack,

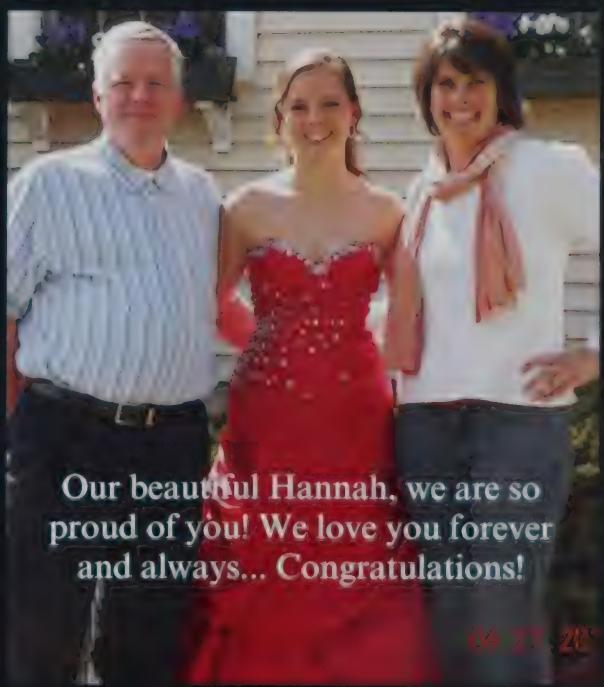
You are an amazing son. You have made us proud. Never settle!

Love, Mom & Dad

Congratulations TJ! Best of luck in college! We are so proud of you!

Love,

Mom, Dad, & Christina



Our beautiful Hannah, we are so proud of you! We love you forever and always... Congratulations!



David,

I am so proud of you!
I'll love you forever,
I'll like you for always,
as long as I'm living
my baby you'll be."

I love you,
Mom



Molly-

We are so proud of the wonderful woman you have become and all you have achieved so far. We are so excited for the future you have ahead of you and wish you much success and love in the next venture of your life!

Love always-

Mom, Dad, Conor & Erin
(and Bear & Cody too!) xoxo



Alex-

Congratulations on all your achievements at Abington High School. We so enjoyed your softball games. They were the best times. Great Job! Best of luck in college. We are so proud of you and love you very much.

Grammy and Grandpa Powers

Jimmy,

We are so proud of you!

Love,

Mom, Dad, Stephanie,
Madison, Chris, Meme and
Papa

Elizabeth,

We love you! We are so proud of you & all of your accomplishments. Congratulations!

Love, Mum, Dad,
Catie, Rick, Indy,
Buddy & Emma

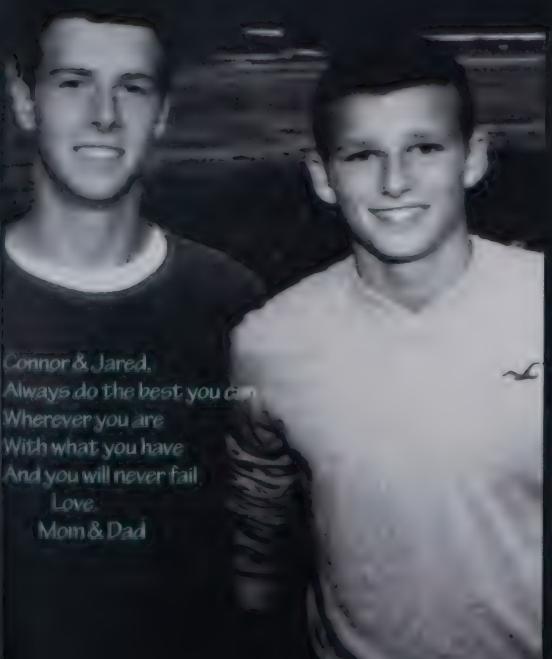


Ally,

You have come such a long way! We are extremely proud of you and hope only for the best while your path leads you towards your future. There are not enough words to tell you how lucky we are to have you in our lives. You have made our world a better place.

You are stronger than you seem, braver than you believe and smarter than you think. You are special to us in every way. You complete us!

Love Mom, Dad and Madi



Connor & Jared,
Always do the best you can
Wherever you are
With what you have
And you will never fail.
Love
Mom & Dad

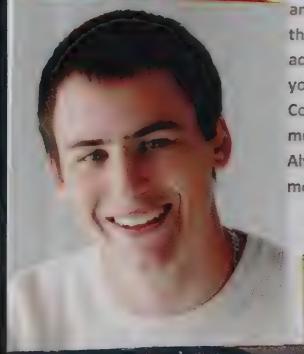
Congratulations Amanda!
We could not be more
proud of you!
Love,
Mom, Tricia,
Aiden, Nana & Papa

Congratulations Greg on
a job well done.
We are so proud of you.
Love Mom

TIMOTHY MICHAEL DEGRASSE



18 years ago a beautiful baby boy was placed in our arms...hard to believe as the time has passed by too quickly. We are so proud of the responsible young man you have become and you never cease to make us proud. Having you for a son is one of the greatest gifts life has given us. You are a constant source of joy and have brought so much happiness and laughter into our lives. Continue to work hard and dream big and may all those dreams come true. As you begin this next chapter, we are confident you can accomplish ANYTHING! For all you've been and all you're yet to be-you are LOVED VERY MUCH! Congratulations - we wish you luck, success and much happiness. We will all miss you terribly. Always remember...."home is where you're loved the most!" We'll always be here for you.



WE LOVE YOU! Mom and Dad XOXO



T - can't believe you're already graduating. Feels like just yesterday I let you roll off the couch and hit your head on the coffee table as a baby. Still sorry about that lol. I'm so proud of you and who you've become. I'm lucky to have you not only as a brother but a best friend. You're the best "son" ever lol JK. Good luck in college. Work hard but have just as much fun. Love you always baby bro!! Xo Lauren



Tim-Congratulations on making it through the high School years. All of that "hard" work has finally paid off. I'll be looking forward to some quality golf matches this summer! Good luck in college as you continue on your path to success. You have many more great experiences ahead of you. Congrats again and Good Luck!! Love, Mike



Timmy! I still can't believe my little brother is graduating high school and going off to college in the fall. I am so proud of you and know you will be amazing in whatever you do. We will all miss you so much! Have fun and enjoy this time in your life, you have lots of great things to look forward to!
Love, Chris

TIMOTHY, Timmy, Tim, TT, hun-bun, Timmy-toodles, T, Timthoy, Crunch, Timbo....SOME MEMORIES... "PIZZA" Hampton Beach*biking at Waterville Valley*Staying at nana's*Christmas at our house*Family fun weekends (UNH)*Woodwards with the Sullivans*Ole,Ole,Ole* HAHA! Disneyworld with the McNulty's*Toronto Canada-chicken/ribs*GOLF TEAM-2 yr. captain*Golf all-star*New York City-Stage Deli-Times Square*nana's boy*else*LACROSSE*Gorilla walk*rotten eggs!*your humor and laughter*Breakfasts with Grandma & Grandpa* Niagara Falls*HOCKEY-SS Eagles/Hanover/AHS**the champion!**Golf State Finals-Red Tail*basketball*Psssh,psssh-spilling paint at nana's* Why is everything supposed to be broken?*cu me mum*video games*Hershey Park/Philadelphia/Shula's*Grey Maxima-are you messing with me?*Picachu**I'm the only Charmander without a tail...**Canobie Lake*Halo*Six Flags*Washington DC*XBOX!-een*Pokemon* soccer**I dump water on your head**best dressed*Hockey tournaments in NH*baseball hats*dinner?*w'uf*Roche Bros-1st job*POLO* always singing**me all done**JUNK FOOD*Ninety-nine*knee-hockey*AMANDA*Mike B*Justin*John*Barry*Mike*who are we versing?* Yu-gi-oh*Meadowmere*Maine with the Sullivan's*Preschool Playmates* ECC*Center*Frolio*AHS? *

Brendan,

Congratulations on your graduation! We are very proud of your hard work and dedication. Embrace your competitive spirit and keep striving to be your best.

Love Mom,
Dad, Tyler & Spencer



Vicky,

Congratulations!
We are so proud of
you! Xo

Good luck next year
Patrick. We are so
proud of you. Love,
Mom, Dad, Kate, &
Brian

yan,

When you were a young boy, you impressed us with your strong-mindedness and confidence. When you were a teenager, you impressed us with your sense of humor, independence, caring nature, and thoughtfulness. You've grown into an exceptional young man, Ryan, who is gentle, caring, and giving towards others. Your strong leadership abilities, dedication, and caring nature have brought you so many opportunities, and much success, and will continue to throughout your next journey in life. You always strive to be your best. You have so much to be proud of. We have very confidence in your ability to think and act wisely. We are proud of you and love you very much.

Love always, Mom & Paul



"A daughter may outgrow your lap, but she will never outgrow your heart."

Amy,

We couldn't be more proud of you! We've always believed in you! No doubt you will be remembered as;

•An artist

•A leader

•A fierce competitor

•A true and loyal friend



All are great qualities. What we see is your inner beauty. You are the first one there when someone, when anyone, needs a handshake, a high-five, or just a hug. That is what makes you so special...so uniquely you. Don't ever change!

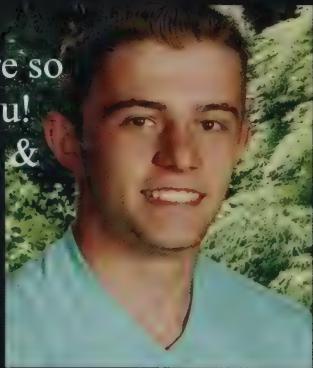
Love, Mom & Dad

Meghan,

Congratulations to our graduate! We are very proud of you!

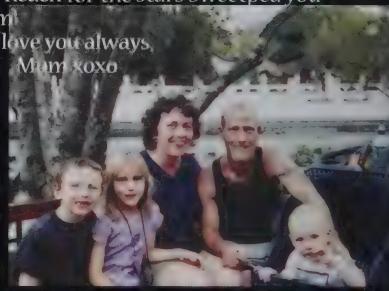
**Much love,
Mom, Dad, & Mikayla**

**Tyler, we are so proud of you!
Love, Mom & Dad**



Congratulations Maria! I am so proud of you and am so very fortunate to have a daughter as wonderful as you. You will achieve anything you set your mind to I know it! Reach for the stars Sweetpea you deserve them!

I love you always,
Mum xoxo



Reach for the stars Mike. Never let your eyes off the prize. We know what you can do. Wait till the world finds out!

**Love you,
Mom, Dad, & Beth**

Amanda,

Where did the time go? We could not be prouder of the confident, strong young lady that you have become. Follow your dreams and make us just as proud in the next chapter of your life as we are today. Love Always, Dad, Mom, Christopher & Johnny



Congratulations Ashley! We are so proud of you! This is the end and just the beginning!

Love Mom, Dad, Allison, & Katie

Mackenzie,

Thanks for all of the wonderful memories throughout the years. We are so proud of all you have accomplished.

Love, Mom & Dad



Nicole,

You can do anything you put your mind to. We're so proud of you.

Love, Mom & Dad



Regina,

We are so proud of you!!

Love

Mom,
Dad, & Michael



Melina – Be who you are and love what you love. The future is full of countless dreams that you have the power to make them come true! Congratulations – we are so proud of you!

Love,
Mom, Dad,
Alanna, & Gabby

Dear April,

We love you
and are very proud
of you. Enjoy your
journey as you
follow your
dreams.

Love,

Mom & Dad



Lauren,

We're so amazed at the
wonderful young adult you
have become. Very proud!
May all your dreams come
true!

Love,

Mom, Dad, James,
Ryan, Drew, & Sean



Congratulations Meg!

Today is your day! The most
rewarding things in life are often
the ones that look like they
cannot be done. We are very
proud of you.

Love, Mom, Dad, & Matt

LIFE IS GOOD



KEEP IT REEL.

Congratulations Neil!!!

Best Wishes and

Continued Success

Be Good and Have Fun

Love Always, Mom, Dad & Erin



Paige,

We have watched our
little girl turn into a
beautiful, loving young
woman. As you graduate
and begin the next
adventure in your life
never forget how much we
love you and how proud we
are. "My Wish" Rascal
Flatts.

Love

Mom, Dad & Tom



Danny,

Our bouncy, happy baby, apple of our eyes, gift to your grandparents in heaven and on earth, has now become a strong, resilient, capable, talented, funny, kind young man who we are so immensely proud of. Both of your brothers look up to you so much and we all have high hopes that your life will be a grand adventure filled with success and, filled with happiness and love. As Eleanor Roosevelt said "The future belongs to those who believe in the beauty of their dreams." We believe in you, we support you, and we love you, Danny, to the moon and back.

Love, Mom, Dad, Derek,
Dylan, Grammy, &
of course Daisy.



Alexandra "Alex" Powers,

Congratulations on your graduation! We are all so proud of you and all of your accomplishments! All the best in the future.

We love you!

Love, Mom, Dad, Analyn, and Aidan

"You can kiss your family and friends good-bye and put miles between you, but at the same time you carry them with you in your heart, your mind, your stomach, because you do not just live in a world but a world lives in you."

- Frederick Buechner



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Dianne Manley

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and Nate!
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success!



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Congratulations!

"The future belongs to those who believe in the beauty of their dreams" - Eleanore Roosevelt

Class of 2013



From your friends at

Eddie Bailey's Garage

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to the class of 2013!*

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Taunton- 53 Tremont St (plaza w/ Rite Aid)

W. Bridgewater- 53 East Center St.

Middleboro- 438 West Grove St. rt.28

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Roots Before Branches

By:
Room For Two

"I gotta have
Roots before branches
To know who I am,
Before I know who I wanna be,
And faith to take chances, to
live like I see
A place in this world for me"



Signatures



Signatures





"I gotta have roots before
branches to know who I am
before I know who I wanna be,
and faith to take chances to live
like I see a place in this world
for me"

-Adam Anders